

If... 2024

And – which is more – you'll be a man, my son!



An unforgettable 9-day expedition experience for men to revisit their identity and come fully alive, whilst serving families in need. Everyone needs a great Dad. How do we recapture that for ourselves and those we love?

Welcome

We are so pleased that you have made the decision to be part of this adventure. This document seeks to provide you with all the information you will need to help you prepare for your trip and to outline what you can expect.

What we will be doing

Day 1: Sat 4 May	Fly to Phoenix – stay in a hotel overnight
Day 2: Sun 5 May	Drive through the Sonoran Desert to Puerto Peñasco, Mexico – set-up our campsite
Day 3: Mon 6 May	Reflections at sunrise – house building during the day – campfire into the night
Day 4: Tue 7 May	Reflections at sunrise – house building during the day – campfire into the night
Day 5: Wed 8 May	Reflections at sunrise – finish the house – off to the beach – campfire into the night
Day 6: Thu 9 May	Reflections at sunrise – hand over key to family - drive to Flagstaff – hotel overnight
Day 7: Fri 10 May	Drive to the Grand Canyon for a day off and team debrief – hotel overnight
Day 8: Sat 11 May	Drive to Phoenix – fly home
Day 9: Sun 12 May	Arrive home

What we will be exploring

We live in a world where many fathers have given up on their families and many families have given up on their fathers! The reality is that all of us carry the wounds of being fathered by an imperfect dad, which has affected our ability to father others. As a group of men, we are going to take 9 days out to go on a journey where we will explore how we can know God as our heavenly dad, and in so doing receive healing from the wounds we carry and become better equipped to step-up to the amazing privilege and honour of being a dad to someone.

We will do our best to figure this out as we:

- Stand shoulder to shoulder building a new home alongside a family trapped by poverty
- Listen to what Jesus had to say about his heavenly dad
- Sit around the campfire late into the evening sipping coffee, (or maybe something a little stronger)
- Talk about our own experiences – our successes and our failures, our good memories, and our pain
- Stand in awe at one of the seven wonders of the world and reflect on the one who made it all

Accommodation & Food

All food and accommodation is included. We will spend 3 nights in a decent hotel, two people to a room. Single occupancy can be arranged for an additional £120. In Mexico we will stay at the Amor campsite in Puerto Peñasco and enjoy authentic Mexican food.

Travel and Medical Insurance

Amor Europe will provide group travel insurance which is included in the cost of your trip. If you would like a copy of the insurance policy please ask us, and we will send it to you.

Health advice

Amor Europe is not qualified to advise you on vaccinations. You should seek professional advice from your own GP or travel clinic. Please ensure you do this early, as some vaccinations need to be taken well in advance of your trip.

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Finance

The total cost of your trip is £1,995. We will send you an invoice for the balance, (the total cost, less your deposit) in January 2024. Please ensure this is paid by 10th February 2024, as there are several costs, including the flights, that need to be paid in advance.

ESTA/Visa

You will not be allowed to board an aircraft bound for the USA without an ESTA (visa waiver scheme whereby UK citizens can enter the USA without a visa). Here is the link to the official USA ESTA site

<https://esta.cbp.dhs.gov/esta/> - beware there are many expensive non-official sites.

The cost of an ESTA is about \$21 (£18) and the process of obtaining one takes up to 72 hours. We recommend that you apply for an ESTA about one month before your trip.

If you are not a UK citizen, you will need to be sure that you have the correct entry documentation relating to your nationality and the USA.

Entry documentation to the USA is your responsibility. Amor Europe would not refund your trip fees should you be refused entry to the USA.

Kit List

This is our recommended kit list. Please take note of the dress code on the build site, as it has taken cultural sensitivities into consideration.

Items	Have	Packed
Sleeping bag		
Inflatable camping mattress. (We strongly recommend bringing a camping mat to place under your inflatable mattress, to protect it from being punctured)		
Small pillow		
Toiletries (toothbrush, toothpaste, brush, soap and shampoo)		
Towel and flannel		
Torch and spare batteries		
Sunglasses		
Sun hat – ensure it covers neck and ears		
Sunblock		
Lip Balm		
Insect repellent		
Work shoes – sturdy, no open toe shoes		
2 Sets of work clothes – nothing sleeveless, no shorts (full length trousers only)		
Swimwear – to be used in the showers		
Flip flop – for use in the showers		
Camp clothes – shorts okay / one warm top for evenings		
Non-work shoes		
Rain gear		
Bible, notebook, pen		
Toilet bag – containing baby wipes, antibacterial gel (toilet paper provided)		
Labelled drinking container 1.5L min– for water on the worksite.		
Work gloves		
Solar shower (20L)		
Face mask		

If you have any questions please contact Phil Hulks - email: phulks@amor.org / phone: 07484 280260