



# Build Home

Kenya 2024

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About Your Trip

# Amor Europe

## Build Home Kenya 2024

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# Trip Information

We are so pleased that you have made the decision to become part of the Build Home Kenya 2023 team. Amor Europe are committed to creating opportunities for young people to serve the poor in different counties around the world. Your Kenya experience starts today as you begin to prepare for an adventure you will remember for the rest of your life. We encourage you to see this year as an opportunity to be impacted and challenged by experiencing a people and culture that is different to yours:

- A people and culture that we will have the privilege to serve
- A people and culture that we will come to love
- A people and culture that we have much to learn from

Our prayer for you is that this experience will profoundly impact you and transform your relationship with God and the way you see the world around you.

This document seeks to provide you with all the information you will need to prepare for your trip.

## Kenya Programme

### Sun 11 to Fri 23 August 2024

We will fly from a London airport to Nairobi. Once we arrive in Nairobi, we take a short drive to our hotel, where we will spend our first night. After an early breakfast, we will travel by coach from Nairobi to Butere, stopping off for lunch on-route.

|            |   |
|------------|---|
| Sun 11 Aug | Fly to Nairobi  |
| Mon 12 Aug | Travel to Butere  |
| Tue 13 Aug | Orientation day   |
| Wed 14 Aug | Community Action <ul style="list-style-type: none"><li>➤ Support widows</li><li>➤ Serve in local school</li><li>➤ Care for people with jiggers</li><li>➤ Build an African mud hut</li></ul> |
| Thu 15 Aug |   |
| Fri 16 Aug |   |
| Sat 17 Aug |   |
| Sun 18 Aug | Visit local church  |
| Mon 19 Aug | Community Action  |
| Tue 20 Aug |   |
| Wed 21 Aug | Travel back to Nairobi  |
| Thu 22 Aug | Safari  |
| Fri 23 Aug | Arrive back in the UK   |



We will arrive in Butere in time for dinner and to meet our hosts, Leanne and Sulu. We will be staying at the Eshimuli Guest House, which has basic, but comfortable accommodation. The guest house will provide us with breakfast, packed lunch and dinner each day. They will also provide us with a venue for morning meetings and a place to chill each evening.

In Butere, we will be serving Leanne and Sulu and the Pursue charity in the amazing work they do in their local community, including:

- Supporting widows
- Serving in local schools
- Caring for people with jiggers
- Building an African mud hut for a family



### A Typical Day in Butere

|       |                  |
|-------|------------------|
| 8.00  | Breakfast        |
| 9.00  | Team Meeting     |
| 10.00 | Community Action |
| 1.00  | Lunch            |
| 2.00  | Community Action |
| 6.00  | Dinner           |
| 7.00  | Team Refection   |
| 8.00  | Chill            |
| 10.00 | Bed              |

Each day will start with an opportunity to encounter God's presence and end with time to reflect on all God has done.

Following our eight days in Butere, we will travel back to Nairobi to relax before returning home. Having spent our final night in a hotel we will get up early to go on a safari in the Nairobi National Park.

After our evening meal we will travel to the airport for our overnight flight back home.

## Travel and Medical Insurance

Amor Europe will provide group travel and medical insurance which is included in the cost of your trip. If you would like a copy of the insurance policy please ask your Group Leader.

## Emergency Phone Numbers

At a later date, we will provide you with a phone number that your parents will be able to use should they need to contact you while you are in Kenya.

## Personal Cash

We recommend you bring a small amount of money for snacks and souvenirs. The amount is completely at your discretion, although we suggest you should not bring more than £50. This can be converted into the local currency on arrival.

## Health Advice

Amor Europe are not qualified to advise you on vaccinations. You should seek professional advice from your own doctor or travel clinic. Please ensure you do this early, as some vaccinations need to be taken well in advance of your trip.

Please ensure you have a yellow fever vaccination and bring your yellow fever certificate with you on the trip.

# Kit List

Each person is expected to bring the following items. It is important that these items do not take up more space than the airline will allow.

| Your kit checklist...  |            |                 |
|--|------------|-----------------|
| Item to bring  | I have it! | I've packed it! |
| Clothes for relaxing and working in the community  |            |                 |
| <ul style="list-style-type: none"> <li>You may wear short sleeved t-shirts, but no strap tops</li> </ul>   |            |                 |
| <ul style="list-style-type: none"> <li>Shorts and skirts should be no shorter than just above the knee</li> </ul>  |            |                 |
| <ul style="list-style-type: none"> <li>Trousers should be loose fitting</li> </ul>   |            |                 |
| <ul style="list-style-type: none"> <li>One warm long-sleeved top</li> </ul>  |            |                 |
| <ul style="list-style-type: none"> <li>Shoes should be sturdy and comfortable</li> </ul>   |            |                 |
| <ul style="list-style-type: none"> <li>Sunglasses</li> </ul>   |            |                 |
| <ul style="list-style-type: none"> <li>Lip balm</li> </ul>   |            |                 |
| Clothes for painting and building an African mud hut<br>(These should be older clothes that you don't mind being ruined)                                     |            |                 |
| <ul style="list-style-type: none"> <li>Short sleeved t-shirts</li> </ul>   |            |                 |
| <ul style="list-style-type: none"> <li>Trousers or shorts (Shorts should be no shorter than just above the knee)</li> </ul>                                  |            |                 |
| <ul style="list-style-type: none"> <li>Work shoes (sturdy, no open-toe shoes allowed)</li> </ul>   |            |                 |
| <ul style="list-style-type: none"> <li>Old shoes or plastic sandals for mixing mud with your feet!</li> </ul>  |            |                 |
| <ul style="list-style-type: none"> <li>work gloves</li> </ul>  |            |                 |
| <ul style="list-style-type: none"> <li>sun hat — ensure it covers neck and ears</li> </ul>   |            |                 |
| <ul style="list-style-type: none"> <li>sunblock, sun screen (high SPF, 30 or preferably 50)</li> </ul>   |            |                 |
| <ul style="list-style-type: none"> <li>insect repellent</li> </ul>   |            |                 |
| <ul style="list-style-type: none"> <li>drinking bottle (large 1.5 litre minimum)<br/>— for water on the worksite, labelled clearly with your name</li> </ul> |            |                 |
| For wash and hygiene...  |            |                 |
| <ul style="list-style-type: none"> <li>toiletries (toothbrush, toothpaste, soap, shower gel, shampoo)</li> </ul>   |            |                 |
| <ul style="list-style-type: none"> <li>towel and flannel</li> </ul>  |            |                 |
| <ul style="list-style-type: none"> <li>swimming costume (no bikinis allowed)</li> </ul>  |            |                 |
| <ul style="list-style-type: none"> <li>Face mask</li> </ul>  |            |                 |
| <ul style="list-style-type: none"> <li>toilet bag — containing baby wipes, antibacterial hand gel<br/>(toilet paper is provided)</li> </ul>                  |            |                 |
| More essentials...   |            |                 |
| <ul style="list-style-type: none"> <li>rain wear, kagoule</li> </ul>   |            |                 |
| <ul style="list-style-type: none"> <li>money pouch</li> </ul>  |            |                 |
| <ul style="list-style-type: none"> <li>Touch with spare batteries</li> </ul>   |            |                 |
| <ul style="list-style-type: none"> <li>Bible, notebook, pen</li> </ul>   |            |                 |

**DO NOT BRING:** alcoholic beverages, non-prescription drugs, electric or electronic gadgets (hair straighteners, hair dryers, gaming devices, tablets, etc.). We also suggest that you do not bring your mobile phone.

# Money Matters

## Questions about Trip Fees

### What does the £1,950 cover?

Your fees covers all the following...

- **Travel Costs**  
Flights to and from Kenya, plus onward travel in Kenya.  
Travel between accommodation and the places we will be working in  
**It does NOT cover your travel costs to get your group to and from the airport in the UK.**
- **Travel & Medical Insurance**  
If you would like a copy of the insurance policy please ask you group leader.
- **Food & Accommodation** — while on location.
- **Materials & Tools** — required for the various community projects
- **Just Life** — food, accommodation, and training materials

### Where do I send the money raised?

Please ensure that all money goes straight to your Group Leader. Your Group Leader will send funds to Amor Europe on a monthly basis.

### By when should my money be paid?

We have set the following deadline for sending in your money:

- end of October 2023 — £500
- end of January 2024 — £1,000
- end of April 2024 — £1,500
- by the 11 July 2024 — £1,950

Please do not save it all up and send it at the last moment! We have to pay the flights, insurance and various other costs in advance, so we need to have the funds sent into us as soon as they are raised.

### Gift Aid

If a UK taxpayer is able to donate, then please ask them to tick the Gift Aid box on the **Sponsor Form** or **Donation Slip**. The Gift Aid that Amor Europe receives on these donations will be used to manage the risks on exchange rate fluctuations. For this reason, Gift Aid cannot be added to the fundraising target.

Please note that donations can be Gift Aided only if they are given by tax paying persons not connected to you. Donations by your parents or immediate family, your church funds, another charity or from any other organisation cannot qualify for Gift Aid.

Please note that it is illegal for the money to be raised in small amounts and then ask a taxpayer (a non-relative) to send in a cheque for that amount using Gift Aid.

## What happens if I raise more than my target amount?

Many participants will raise funds over their target. Any surplus funds will be used as follows:

**Firstly**, to cover any other participants who did not reach the target funds; then

**Secondly**, money will then go towards any of the following:

- a discretionary gift may be given to our partner in Kenya;
- funding for future Kenya trips;
- buying equipment to be stored in Kenya for future teams.

## What happens if I am unable to take part after all?

You will be asked to cover any expenses incurred on your behalf, up to the target amount, unless the withdrawal is for reasons covered by the Travel Insurance.

## Fundraising — Getting Started

It may seem ages until the trip but we encourage you to get started as soon as you can. Remember you can't just ask people for money without doing something in return. Keep people close to you updated on how you are doing, and don't feel that you are doing this alone. Get some help from friends, family, and supporters, and put on events and activities to raise the money.

Your Group Leader will provide **Donation Slips**, **Sponsor Forms**, and **Info Flyers** which can be used to help you raise funds. If you wish to use these in large quantities, please **ask your Group Leader for more copies**.

### About Donation Slips

Ask your Group Leader for **Donation Slips**. Before giving these slips out, ensure to fill in your own name, and information about to whom to pay cheques (your Group Leader should have done this for you). You can use these slips to place on seats before you talk about your forthcoming trip in a church service, or for people to take home and to return to you with a donation at a later date. Ask all donors to seal their gift in the envelope along with the slip, ensuring that their name, address, and donation amount is recorded if they intend to Gift Aid the money (and if so, please ensure they have ticked the Gift Aid box).

### About Sponsor Forms

The **Sponsor Form** can also be used to record donations, and will save you using lots of slips and envelopes. They could be used for events such as a sponsored swim, or cycle ride.

### About Info Flyers

The **Info Flyers** can be used to tell people about your trip, and what the money they give will go towards.

### Some fundraising hints

Ensure you know about the trip in sufficient detail to answer general questions.

Remember that the fundraising challenge is as much a part of the experience trip as the trip itself. Start it sooner rather than later to ensure you have reached your fundraising target at least two weeks before the trip starts. Remember:

- always be polite and thank people as soon as they have donated any money;
- keep track of all slips and sponsor forms;
- ensure you get any adults who pay tax in the UK to Gift Aid the money they give;
- show people the flyers and tell people they can also go to the website « [amoreurope.org](http://amoreurope.org) » for more information;
- read the Questions under “Money Matters” for more information.

Ask your Group Leader for the “Fundraising Ideas” booklet to get your creativity started.

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