

You are warmly invited to fast and pray ...

Daniel Days February 10 , May 12, September 15 2027

Daniel's rise to power was underpinned by a vibrant prayer life. He was good at what he did, and that flowed from huge help from God.

Daniel 6

¹⁰**Three times a day** he got down on his knees and prayed, **giving thanks to his God**, just as he had done before. ¹¹Then these men went as a group and found Daniel **praying and asking God for help**.



Pray

At Amor Europe we know our need of God. The ministry depends completely on the Living God in three persons, providing, leading, empowering.

These Daniel Days are about coming together to pray. No prayer: no power, no progress no point!

- ☐ **Wednesday February 10th** - **Meet online with the HUB team**
- ☐ **Wednesday May 12th** - **In person – venue to be announced**
- ☐ **Wednesday September 15th** - **Meet online with the HUB team**

– **three Zoom prayer times**

in **May** Zoom will be Noon only as the majority of the day will be in-person

Zoom 1 – 0700

Zoom 2 – 1200

Zoom 3 – 1700

Each prayer time will have a specific focus - you're invited to all, come to as many as you can make!

Each time and each date, all on the same Zoom link <https://us02web.zoom.us/j/83675241116>

This link will be on our web site (UK Events)

Fast

All participants are invited to fast according to Isaiah 58 (see next sheet).

- **Read the passage overleaf and carefully reflect on it**
- **Go without, or be disciplined in the ways it describes**
- **Spend on the those affected by poverty.**

The point of fasting is not to add leverage to our prayers, to get what we want from God. Rather it's about self denial, to draw nearer to where God is!

Be creative, do good!

'We have fasted before you!' they say.
'Why aren't you impressed?
We have been very hard on ourselves,
and you don't even notice it!'
"I will tell you why!" I respond.
"It's because you are fasting to please yourselves.
Even while you fast,
you keep oppressing your workers.

⁴ What good is fasting
when you keep on fighting and quarreling?
This kind of fasting
will never get you anywhere with me.

⁵ You humble yourselves
by going through the motions of penance,
bowing your heads
like reeds bending in the wind.

You dress in burlap
and cover yourselves with ashes.
Is this what you call fasting?
Do you really think this will please the LORD?

⁶ "No, this is the kind of fasting I want:
Free those who are wrongly imprisoned;
lighten the burden of those who work for you.
Let the oppressed go free,
and remove the chains that bind people.

⁷ Share your food with the hungry,
and give shelter to the homeless.
Give clothes to those who need them,
and do not hide from relatives who need your help.

⁸ "Then your salvation will come like the dawn,
and your wounds will quickly heal.
Your godliness will lead you forward,
and the glory of the LORD will protect you from behind.

⁹ Then when you call, the LORD will answer.
'Yes, I am here,' he will quickly reply.

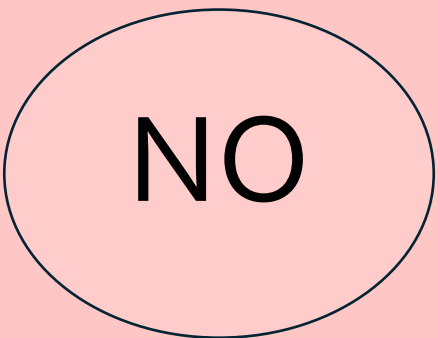
"Remove the heavy yoke of oppression.
Stop pointing your finger and spreading vicious rumors!

¹⁰ Feed the hungry,
and help those in trouble.

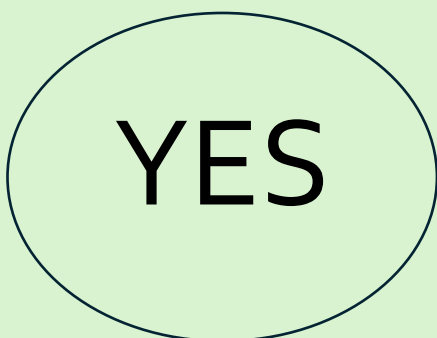
Then your light will shine out from the darkness,
and the darkness around you will be as bright as noon.

¹¹ The LORD will guide you continually,
giving you water when you are dry
and restoring your strength.

You will be like a well-watered garden,
like an ever-flowing spring



NO



YES