



# sewing stencils

– A4

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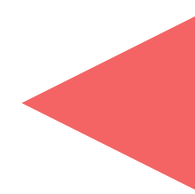
## IMPORTANT NOTE:

Check your printed stencils are the correct size before using them.

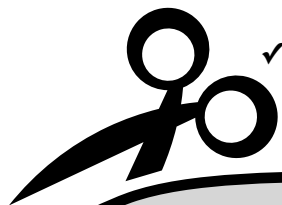
◆ This file is designed for printing on A4 sized paper.

If your print is not the correct size, check the following document settings when printing.

- ✓ Check your printer settings are set to use 'A4 paper'.
- ✓ Make sure you are printing the document at full size (100%) or 'actual size'.
- ✓ Do NOT select 'scale to fit' option which will reduce the size of the image.
- ✓ Ignore any margins, or set margins to zero.



print on A4 paper  
= 297 x 210 mm



✓ Cut out the  
paper stencil...



✓ Cut out the fabric shapes...

### PAD holder 'C' stencil — basis

- ✓ **Important:** check the size before use!  
— length is **29½** cm and width is **21** cm  
= as big as an A4 sheet of paper.
- ✓ **Fold the paper** along the dotted line.
- ✓ **Cut the paper** along the solid line only.
- ✓ **Unfold the paper** cut out shape  
— and you will have a full sized stencil.

### HOW TO:

- ✓ Use this stencil to cut out PAD holder 'C'  
two pieces, which form the basis.
- ✓ **Cut the fabric** shapes out of clean pure  
cotton to prepare for stitching.
- ✓ You will also need to cut out PAD holder 'D'  
two pieces, which form the pockets.

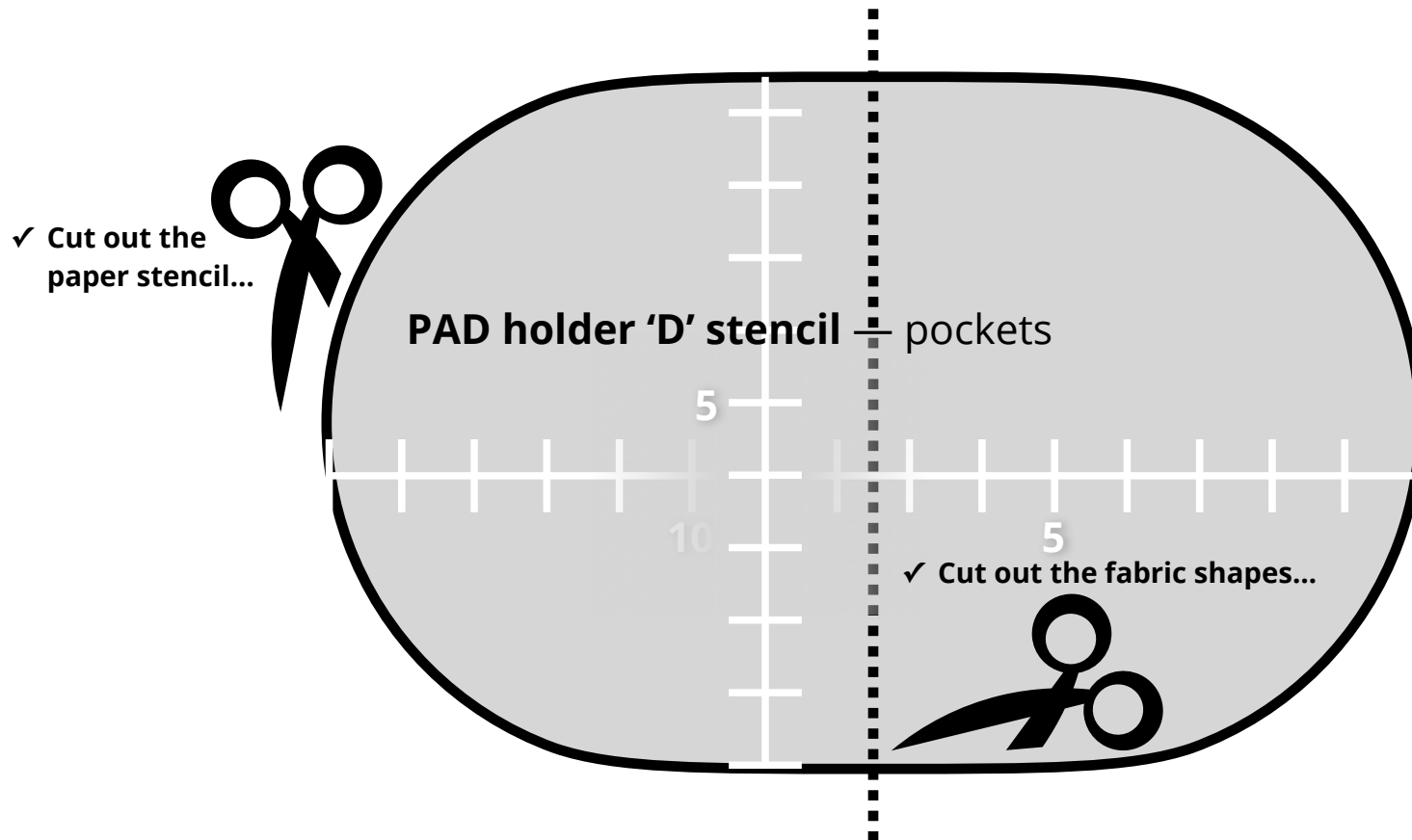
print on A4 paper  
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## PAD holder 'D' stencil

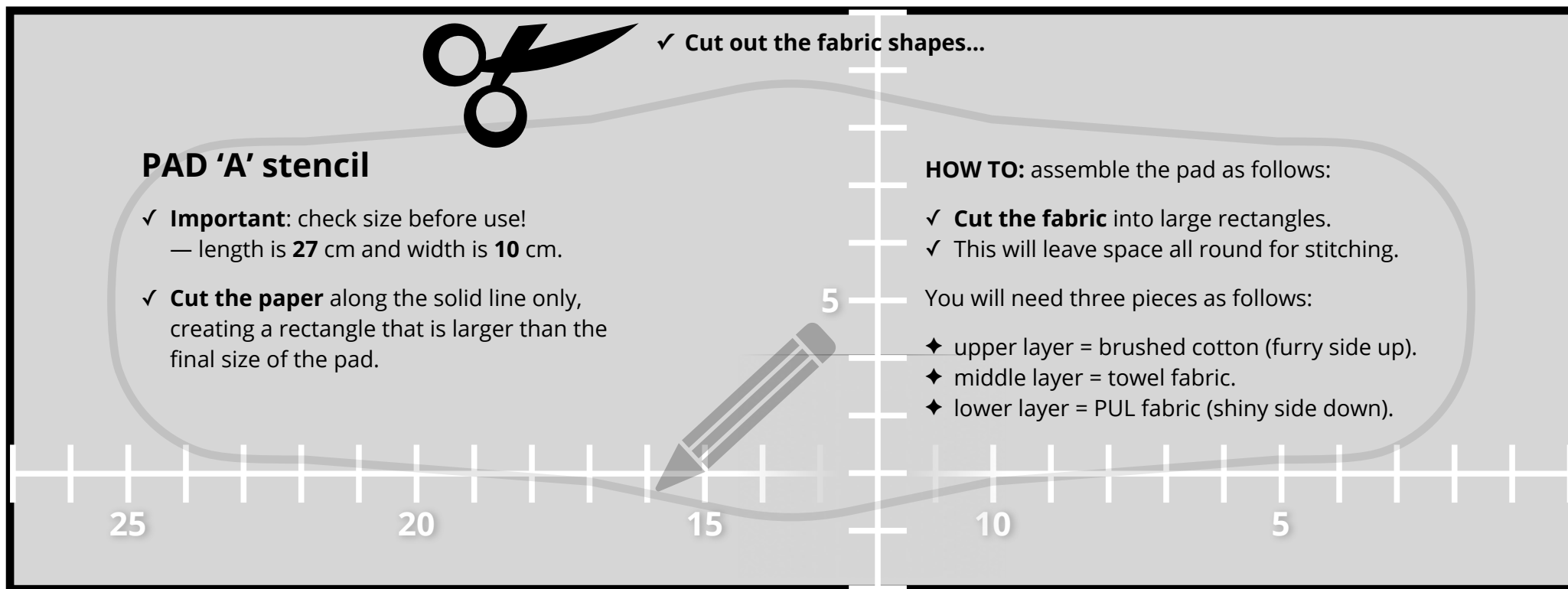
- ✓ **Important:** check the size before use!  
— length is **15** cm and width is **9½** cm.
- ✓ **Fold the paper** along the dotted line.
- ✓ **Cut the paper** along the solid line only.
- ✓ **Unfold the paper** cut out shape  
— and you will have a full sized stencil.

## HOW TO:

- ✓ Use this stencil to cut out PAD holder 'D' two pieces, which form the pockets.
- ✓ **Cut the fabric** shapes out of clean pure cotton to prepare for stitching.
- ✓ You will also need to cut out PAD holder 'C' two pieces, which form the basis.



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## PAD 'A' stencil

- ✓ **Important:** check size before use!  
— length is **27** cm and width is **10** cm.
- ✓ **Cut the paper** along the solid line only,  
creating a rectangle that is larger than the  
final size of the pad.

✓ Cut out the fabric shapes...

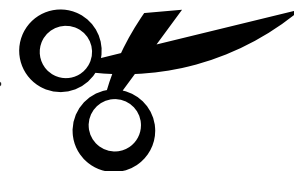
**HOW TO:** assemble the pad as follows:

- ✓ **Cut the fabric** into large rectangles.
- ✓ This will leave space all round for stitching.

You will need three pieces as follows:

- ◆ upper layer = brushed cotton (furry side up).
- ◆ middle layer = towel fabric.
- ◆ lower layer = PUL fabric (shiny side down).

✓ Cut out the  
paper stencil...



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## PAD 'B' stencil

- ✓ **Important:** check the size before use!  
— length is **23½** cm and width is **7½** cm.
- ✓ **Cut the paper** along the solid line only.

### HOW TO:

- ✓ Use this stencil to draw an outline on the top layer of the PAD 'A' fabric rectangles.
- ✓ **Draw an outline** on the fabric in the centre of the top piece ready for stitching.
- ✓ This will leave space all round for stitching.
- ✓ **Do NOT cut the fabric** before stitching.

