

PAD 'A'

- ✓ It's important to check that the stencil is the correct size before using it.
- ✓ PAD 'A' is a rectangle length is 27.4cm's and width is 10.3cm's
- ✓ If your print out doesn't seem to be the correct size - please check your printer settings are for 'A4 paper' and that you are printing the PDF at full size (100%) or 'Actual Size' (not 'Scale to Fit' which will reduce the size of the image)
- ✓ The pad is assembled as follows:
 - ✓ * Top layer: brushed cotton layer ('furry' side up)
 - ✓ * Middle layer: Towel
 - ✓ * bottom layer: PUL fabric, shiny side outwards
- ✓ Draw PAD 'B' onto the brushed cotton layer (furry side) only in the middle of the rectangle, to leave room for stitching.